

Let's Get Moving



Versatile and flexible, ARCE allows you to create the perfect full-body workout combinations. It's the high-value tool for achieving your ideal physique.



TRAINING ANYWHERE

Patented Design for Efficient Workouts



HOME FITNESS

With ARCE, your home becomes your gym



PERFECT FOR FAMILY

Adjustable weights for full-body workouts, perfect for the whole family



EASY TO USE

Start training easily at home



ADJUSTABLE DUMBBELL

- 1 **QUICK WEIGHT CHANGE** | Single-Handed Adjustment in Just 1 Second
- 2 **WIDE WEIGHT RANGE** | Suitable for the whole family with comprehensive weight options
- 3 **STABLE BASE** | Enclosed design ensures plates stay firm and steady



PATENTED 8 Sets 4 8 12 16 20 24 28 32

ADJUSTABLE DUMBBELL CFQS-8432

- Weight** 16 KG
- Size** 33.6 x 21.3 x 18.3 cm
- Feature** 8 weights in 1 system, 4 to 32 lbs (1.8 to 14.4 kg)
4-pound increments
Twist-to-lock handle system
Safe Auto-lock



PATENTED 10 Sets 5 10 15 20 25 30 35 40 45 50

ADJUSTABLE DUMBBELL CFQS-10550

- Weight** 25 KG
- Size** 41.6 x 20.2 x 23.5 cm
- Feature** 10 weights in 1 system, 5 to 50 lbs (2.3 to 22.5 kg)
5-pound increments
Twist-to-lock handle system
Safe Auto-lock



PATENTED 7 Sets 6 10 14 18 22 26 30

ADJUSTABLE KETTLEBELL CFKB-7630B

- Weight** 14 KG
- Size** 24.3 x 17.8 x 33 cm
- Feature** 7 weights in 1 system, 6 to 30 lbs (2.7 to 13.6 kg)
4-pound increments
Extra wide handle
Safe Auto-lock



DUMBBELL RACK CFST-10550

- Weight** 8.5 KG
- Size** 56 x 50 x 67 cm
- Feature** Stable design

PATENTED

10 10 15 20 25 30 35 40 45 50 55

ADJUSTABLE BARBELL CFBB-101055W

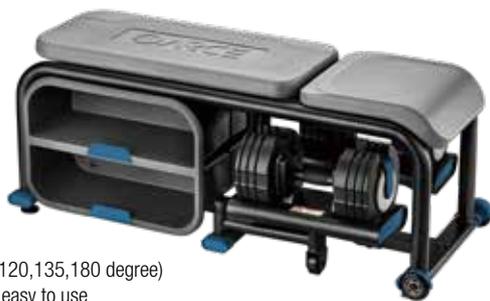
- Weight** 29 KG
- Size** 118 x 74.5 x 62.3 cm
- Feature** 10 weights in 1 system, 10 to 55 lbs (4.5 to 25 kg)
5-pound increments
Twist-to-lock handle system
Safe Auto-lock
Stable rack



PATENTED

METRO GYM CFMG-001

- Weight** 32 KG
- Size** 122 x 48 x 51 cm
- Feature** Home workout bench
Adjustable to 4 positions (90,120,135,180 degree)
Rotating stand dumbbell sets easy to use
Enlarged locker to store exercise equipment
Hook design for Resistance Band Accessories
Dumbbell not included



PATENTED

PUSH UP EQUIPMENT CFPU-001

- Weight** 3.4 KG
- Size** 36 x 70 x 13 cm
- Feature** Adjustable track angle
Lock/unlock handle with track
360 degree rotatable handle



PATENTED

PUSH UP BARS CFPU-003

- Weight** 0.7 KG
- Size** Ø17 x 11.5 cm
- Feature** 360 degree rotatable handle
Support up to 300 lbs / 136 kg



MASSAGE ROLLER CFRM-001

- Weight** 0.6 KG
- Size** Ø8 x 47 cm
- Feature** Rearrange roller
6 textured rollers
Sturdy stick



HAND GRIP CFSHG-003

- Weight** 115 g
- Size** Blue 14.5 x 10 x 2.2 cm
- Feature** Adjustable resistance: 9 - 22 kg (20 - 48 lbs)
Ergonomic grip



HAND GRIP CFSHG-001

- Weight** 88 g
- Size** Black 13 x 7.6 x 2 cm
- Feature** Ergonomic grip



VIBRATING FOAM ROLLER CDV-10

- Weight** 1.01 KG
- Size** 34.9 x 10.6 x 10.6 cm
- Feature** Power ON/OFF switch
With USB Type-C port
Include a USB Type-C cable





ARCE, the Advanced ReCreational Equipment Company, is a professional OEM/ODM manufacturer in Fitness and Biking categories with proven record in the last 38 years. We have created many successful stories.



INNOVATIVE POWER

With 38 years of experience in designing and manufacturing sports equipment and bicycle accessories, we are proud to hold numerous patents and awards that demonstrate our commitment to innovation and excellence.



MANUFACTURING POWER

Our fully integrated in-house production lines guarantee consistent quality, high efficiency, and stable annual output to meet the demands of our global partners.



PARTNERSHIP POWER

Backed by decades of experience in OEM and ODM collaborations with renowned international brands, we have earned an outstanding reputation for reliability, exceptional service, and strong customer loyalty.

HOW WE WORK

01 Contact Us



02 Data Review



03 Speak out your thoughts



04 Making Plans



05 Signing a Contract



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